

PAIN CAFÉ

A warm space for shared strength

Nuneaton & Bedworth PCN are collaborating with Pure Health & Wellbeing and The Makery to deliver a Pain Café.

This will be a safe space where you can come and meet other like-minded people to connect and share your stories with.

A Health & Wellbeing Coach will give a brief presentation to discuss pain management, followed by opportunities to meet professionals like Social Prescribers and Pharmacists.

Attendees can participate in activities such as quizzes and board games, or simply enjoy a bit of socialising over coffee!

Please note: This session is a community support group and not a consultation for chronic pain, fibromyalgia, or any other conditions. If you require a consultation, please contact your GP.

To be eligible, you must be 18+ and registered with one of the 15 GP surgeries listed in the registration form.



Are you dealing with persistent pain and/or fibromyalgia?



Do you need a space where others truly understand your struggle?



Are you looking for support, connection, and a friendly chat over a hot drink?



If you would like to attend, please scan the QR code to fill out the short registration form.



3rd Tuesday of every month, starting January 21st



10:30-12:30



The Makery, Unit 10, Abbeygate Shopping Centre, Nuneaton CV11 4EL

